Sodalite - 3rd Eye Chakra *Spirituality, Truth, Idealism*

Aids creativity, developing intuition, and communication. Helps one live a more authentic life.

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Red Agate - Root Chakra Protection, Strength, Harmony

Balances yin/yang energy, harmonizes, helps remove and release resentments and bitterness, helps to heal and improve relationships

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Tree Agate - Heart Chakra

Inner Peace, Calming, Balance
Deepens meditation and prayer, dissolves egoism and

arrogance, helps boosts the immune system, clears energy blockages in energy channels, helps connect to the flow of abundance and prosperity.

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Amethyst - Crown Chakra Inner Peace, Healing, Balance

A protective stone, balances emotions, transmutes nonpositive emotions, brings focus and motivation, encourages spiritual wisdom.

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Red Coral - Root Chakra

Healing, Personal Power, Passion

Brings peace to inner self, promotes intuition, imagination, and visualization, protects agains depression, and can enhance fertility.

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Mental Clarity, Manifestation, Personal Will Amplifies other stones, can help in making decisions, dissipates non-positive energy, and helps in fresh, new beginnings.

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Unakite Jasper - Heart Chakra & Thymus

Visualization, Balance, Spirituality

Assists in sleep, helps release addictions, aids spiritual growth, helps release non-positive energies, aids in being more loving and compassionate towards yourself and others, relieves stress, brings love and compassion for self.

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Green Agate - Heart Chakra

Emotional Healing, Stability, Courage
Helps both sides of the brain communicate with each
other, helps release stress and imbalances, and attracts
abundance.

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Carnelian - Sacral Chakra

Joy, Leadership, Courage

Attracts prosperity and good luck, promotes idealism and concentration, aids in the vital organs and their work, and promotes healing from all kinds of trauma.

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Amber - Solar Plexus Chakra

Cleansing, Healing, Strength

Cleanser of the body, mind, and spirit by drawing impurities from the body systems, absorbs, pain, promotes self-confidence, brings wisdom, balance, and patience.

Blue Aventurine - Throat Chakra

Self-Discipline, Inner Strength, Speaking Gentle stone that helps the heart work calmly, rationally, and steadily. Promotes taking full responsibility for one's life, relationships and experiences, supports and empowers change and speaking personal truth.

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Clear Quartz - Crown Chakra

Master Healer, Amplifies Other Stones

Harmonizes all chakras. Balances and revitalizes physical, mental, emotional and spiritual planes. Absorbs, stores, releases and regulates energy. Clear Quartz draws off and neutralizing non-positive energy

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Aquamarine - Throat Chakra

Courage, Inner Strength

Reduces stress and quiets the mind. Great for sensitive people. Promotes tolerance of others, clarifies perception, and clears confusion. Soothes fears and increases sensitivity. Shields the aura and aligns the chakras. Helpful during pregnancy.

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Avocado Turquoise - Heart Chakra

Wisdom, Balance, Positive Thinking, Love

Compliments Throat Chakra. Repels non-positive energy. Balances and bridges between the lower three chakras and the upper three chakras. Stabilizes mood swings and instills inner calm. Helps with depression and exhaustion.

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Rose Quartz - Heart Chakra

Unconditional Love, Harmony

Brings/restores trust and harmony in relationships. Purifies and opens heart to promote love, self-love, friendship, deep inner healing and feelings of peace. Comforts grief. Repels non-positive energy. Encourages self forgiveness and acceptance.

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Communication, Confidence, Articulation
Has a stimulating, positive effect on emotions and attitude. Provides clarity of thought and unwavering intent in regards to what matters most, a stabilizing and strengthening influence.

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Lapis Lazuli - 3rd Eye Chakra

Enlightenment, Truth, Protection, Peace
Complimentary to the throat chakra. Brings harmony and deep self-knowledge. Encourages self-awareness, honesty, and compassion. Brings objectivity, clarity, and encourages creativity.

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Amazonite - Thymus Chakra

Communication, Confidence, Soothing
Calms brain and nervous system. Balances masculine and feminine energies. Helps to see both sides of a problem. Soothes trauma, alleviating worry and fear.
Repels non-positive energy.

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Honey Jade - Solar Plexus Chakra

Serenity, Purity, Wisdom

Honey Jade is energetic and stimulating. Brings joy and happiness. Expands the interconnectedness of all beings. Aids digestive and elimination systems of the body.

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Green Aventurine - Heart Chakra

Calmness, Balance, Independence
Promotes compassion and empathy. Encourages
perseverance. Stabilizes the mind, enhances
creativity. Calms anger and irritation and promotes
feelings of well-being. Encourages regeneration of the
heart.

Angelite - Throat Chakra

Conscious Awareness, Peace, Truth
Compliments Third Eye and Crown Chakras
Facilitates spirituality and connection to Higher Self.
Powerful support stone for healers. Helps to speak truth and promotes communication. Encourages forgiveness.

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Yellow African Opal - Solar Plexus Chakra Comfort, Imagination, Transformation
Promotes vitality and passion as well as gentleness and caring. Can absorb, reflect, and mirror energies to the soul. Enhances the imagination. Encourages one to see the bigger picture. Lifts the mood and lightens the heart. Helps babies feel safe.

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Yellow Jade - Solar Plexus Chakra
Serenity, Balance, Perspective
Speaks to Heart Chakra. Energetic and stimulating, yet
mellow. Brings joy and happiness. Teaches interconnectedness of all. Brings harmony. Attracts good luck
and friendship. Promotes self-sufficiency.
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Black Onyx - Root Chakra
Strength, Stamina, Self-Control
Promotes vigor, steadfastness, and stamina. Helps with
self-confidence and to be at ease. Banishes grief,
enhances self-control and stimulates wise decisionmaking. Encourages happiness and good fortune. Helps in
letting go all the non-positive energies that disturb your

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spiritual well-being.

Red Jasper - Root Chakra

Supreme Nurturer, Wholeness, Protection
Supports through stress. Provides protection and absorbs
non-positive energy. Balances yin/yang. Encourages
personal honesty. Transforms ideas into action. Grounds
energy, calms emotions.

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2-Tone Lapis Lazuli - 3rd Eye/Heart Chakras *Enlightenment, Truth, Protection, Peace*Helps the 3rd Eye and Heart chakras communicate.
Brings harmony and deep self-knowledge. Encourages self-awareness, honesty, and compassion. Brings objectivity, clarity, and encourages creativity.

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Green Prehnite - Heart/Solar Plexus Chakras Personal Discipline, Meditation, Unconditional Love Supports personal discipline. Encourages the heart to surrender to Divine will. Protective during meditation as it helps seal auric field. Helps you achieve from a heart based perspective. Links your heart with your will.

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Prasiolite - Heart Chakra

Love, Intuition, Creativity

Has all the healing properties of quartz and connects with the Crown Chakra. Opens and stabilizes the heart. Promotes intuitive and love. Transforms and transmutes non-positive energy. Inspires creativity, attracts success, prosperity and abundance

Ocean Jasper - Solar Plexus/Heart/Throat Chakras *Joy, Optimism, Communication*

These stones come in several colors and encourage energy flow from the throat down to the solar plexus, aiding speech in a loving way. Help enhance your personal power. Greater self-understanding, confidence, esteem, and worth.

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Moonstone - 3rd Eye/Solar Plexus Chakras Nurturing, New Beginnings, Abundance Brings inner growth and strength. Soothes emotional instability and stress. Stabilizes emotions, providing calmness. Enhances intuition and promotes inspiration Beneficial to men in opening their emotional self.

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Tiger's Eye - Sacral/Solar Plexus Chakras *Protection, Empowerment, Courage*Brings good luck. Helps focus the mind, promoting mental clarity. Assists in resolving problems objectively and unclouded by emotions. Dispels fear and anxiety. Helps one to recognize one's own needs. Stabilizes mood swings.

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Orange Agate - Sacral Chakra *Centering, Stabilizing, Harmony*

Harmonizes yin/yang. Gently brings strength and self-acceptance. Helps one find on dis-ease interfering with well-being. Enhances mental function and improves concentration, perception and analytical abilities. Overcomes bitterness of the heart. Heals inner anger, and fosters love and the courage to start again. Helps emotional trauma.

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Turquoise - Throat Chakra *Healer, Communication, Friendship* Enhances speech and opens communication. Brings creativity, serenity, and spiritual bonding. Is uplifting and opens one to giving/receiving. Brings wisdom. Sister stone with Chrysocolla. Balances yin/yang.